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## 2012 MOUNTAIN PACIFIC SPORTS FEDERATION ALL-MPSF WOMEN'S LACROSSE SELECTIONS

### ***2012 MPSF Player of the Year***

**MEGAN TAKACS • #32 • JUNIOR • ATTACKER • CALIFORNIA**



California junior attacker **Megan Takacs** (Woodside, CA/Chagrin Falls HS) is the first Golden Bear to be named MPSF Women's Lacrosse Player of the Year. Through the week ending April 22, she leads the nation in goals per game at 4.08, despite missing Cal's last two games. Her other national rankings include the following: No. 7 in goals (53), No. 10 in draw controls per game (4.85), No. 12 in points per game (4.62), and No. 33 in total points (60). Takacs leads Cal in draw controls (63), points (60), goals (a school-record 53), game-winning goals (4) and shots (a school-record 106). She was named MPSF Player of the Week (for the week ending March 11) after tallying 11 goals, 14 draw controls, two game-winning goals and one assist in a pair of 18-9 wins over Detroit Mercy and San Diego State. Last season she led Cal in points (48) and assists (16) and also tallied 32 goals to garner All-MPSF first-team status. She later gained a spot on the MPSF All-Academic team as a sophomore with a 3.044 GPA.

### ***2012 MPSF Coach of the Year***

**JEN LARSEN-BECK • EIGHTH YEAR • HEAD COACH • OREGON**



Head Coach **Jen Larsen-Beck** led the **University of Oregon** to its first MPSF regular season title after the Ducks defeated Denver in the battle of the unbeaten last Saturday at Pape' Field, 13-8. In Larsen-Beck's eight seasons at the helm, the Ducks have recorded 12 wins three times in program history (2007, 2009, 2012). The seven MPSF wins that UO accumulated this season marked a program-high for the Ducks as Oregon finished the season unbeaten at home for only the second time in school history. Larsen-Beck's squad heads into this weekend's tournament riding a seven-game win streak. In Oregon's last 10 games, Larsen-Beck has her squad sitting at a 9-1 mark, with the only loss coming in a non-conference game. In addition to having eight players recording double-digits in the points column, Larsen-Beck has seen four of her players tabbed MPSF Player of the Week in consecutive weeks, a UO single-season record (Shannon Propst, Jana Drummond, Kristina Barrett, Caroline Federighi).

## ***2012 MPSF Newcomer of the Year***

**JILL REMENAPP • #7 • FRESHMAN • ATTACKER • DENVER**



Denver Freshman attacker **Jill Remenapp** (Woodbine, MD/Century HS) ranks third in the MPSF and 29<sup>th</sup> in the NCAA in assists per game (1.93). She is also 10<sup>th</sup> in the conference and 100<sup>th</sup> in the NCAA in points per game (3.29). Remenapp has scored on 70.4 percent of her shot attempts in her freshman year (19-of-27). One of her best games came on March 9 against St. Mary's, when she recorded seven points off two goals and five assists, which helped begin a 12-game win streak for the Pioneers.

## ***2012 MPSF Newcomer of the Year***

**ELIZABETH LANDRY • #2 • FRESHMAN • MIDFIELD • UC DAVIS**



UC Davis Freshman midfielder **Elizabeth Landry** (Lafayette, CA/Acalanes HS) leads the Aggies in ground balls (37), draw controls (72) and caused turnovers (31) to go with 38 goals and 7 assists. She ranks 2<sup>nd</sup> in the MPSF and 14<sup>th</sup> nationally in both caused turnovers (1.8) and draw controls (4.6) as of April 23. She set school draw control records for a season (72) and in a single-game (12), breaking previous benchmarks of 58 and 9, respectively. Landry scored at least one goal in every MPSF game, including three goals with eight draw controls vs. Denver on April 15.

### ***ALL-MPSF FIRST-TEAM***

<i>Student-Athlete</i>	<i>No.</i>	<i>Year</i>	<i>Position</i>	<i>School</i>	<i>Hometown/Last School</i>
Megan Takacs	32	Junior	Attacker	California	Woodside, CA/Chagrin Falls HS
Elizabeth Datino	27	Junior	Attacker	UC Davis	Centennial, CO/Littleton HS
Emilie Boeri	32	Senior	Attacker	Stanford	Phoenix, MD/Notre Dame Prep
Jana Drummond	2	Senior	Midfield	Oregon	Nashua, NH/E. Grand Rapids HS
Elizabeth Landry	12	Freshman	Midfield	UC Davis	Lafayette, CA/Acalanes HS
Catherine Swanson	8	Senior	Midfield	Stanford	Potomac, MD/Holton-Arms School
Melissa Maier	17	Senior	Midfield	Denver	Farmingdale, NY/Farmingdale HS
Amanda Cross	10	Junior	Midfield	St. Mary's	Danville, CA/Fresno State
Kate Henrich	5	Junior	Defender	Denver	Lansdale, PA/Germantown Academy
Tori Harrison	23	Senior	Defender	California	Austin, TX/St. Andrews Episcopal
Colleen Taggart	27	Senior	Defender	Oregon	Bay Shore, NY/Bay Shore HS
Caroline Federighi	30	Sophomore	Goalkeeper	Oregon	Pleasanton, CA/Amador Valley HS
Kara Secora	4	Junior	Attacker	Denver	Denver, CO/Kent Denver HS
Kristina Barrett	22	Senior	Attacker	Oregon	Severna Park, MD/Severna School
Hannah Farr	9	Freshman	Midfield	Stanford	Hillsboro, MD/St. Ignatius HS
Emily Abbood	5	RS Senior	Midfield	California	Jamestown, RI/Moses Brown

### ***ALL-MPSF SECOND-TEAM***

<i>Student-Athlete</i>	<i>No.</i>	<i>Year</i>	<i>Position</i>	<i>School</i>	<i>Hometown/Last School</i>
Meris Walsh	33	Sophomore	Attacker	San Diego State	Easton, MD/Univ. of Maryland
Jenn Etzel	10	Sophomore	Attacker	Denver	Bel Air, MD/John Carroll HS
Melissa Humphrey	20	Junior	Attacker	California	Coronado, CA/Coronado HS
Hannah Mirza	13	Junior	Midfield	UC Davis	Westchester, NY/Miss Porter's
Nikki Puszcz	7	Sophomore	Midfield	Oregon	Towson, MD/Maryvale Prep
Anna Kim	2	Sophomore	Midfield	Stanford	Clarksville, MD/River Hill HS
Jess Drummond	12	Senior	Midfield	Oregon	Nashua, NH/E. Grand Rapids HS
Rachel Minarovich	14	Sophomore	Midfield	St. Mary's	San Diego, CA/Fresno State
Nina Swanson	10	Sophomore	Defender	Stanford	Potomac, MD/Georgetown Visitation

Holly Hayes	19	Sophomore	Defender	St. Mary's	San Diego, CA/Westview HS
Lara Bennett	11	Senior	Defender	Oregon	Greenwich, CT/Greenwich HS
Lyndsey Munoz	14	Sophomore	Goalkeeper	Stanford	Crofton, MD/St. Mary's HS
Jessica Gring	2	Junior	Defender	Denver	Baltimore, MD/Notre Dame Prep
Callie Murphy	6	Sophomore	Defender	Denver	Towson, MD/Garrison Forrest HS
Madison Wallace	1	Freshman	Defender	San Diego St	Chantilly, VA/Chantilly HS
Shannon Propst	36	Sophomore	Attacker	Oregon	Bel Air, MD/Fallston HS